

# Personal Coaching Styles Inventory® Workshop

## Communication with insight

### What is it?

The Personal Coaching Styles Inventory® boosts the effectiveness of performance related interpersonal communication. The Inventory provides insight into how people are likely to communicate while giving and receiving coaching and feedback. Now Corporate Coach U has created a one-day workshop that helps participants interpret and embed the insights gained through the PCSI®.

The PCSI was created in 1997 for coaches by coaches. Tens of thousands of coaches and managers worldwide have used the Inventory.

### What it does

The PCSI workshop is a one-day programme of learning, discovery and practise in which participants discover their own preferred communication style and learn how to “flex.”

The PCSI identifies four principal communication style traits and explains why and how these natural tendencies influence behaviour and interaction during coaching conversations. With an understanding of these styles, leaders and coaches can better tailor their communications to suit individual and team needs. Effective communication occurs more readily and openly, creating an atmosphere of cooperation and achievement.

The PCSI provides a practical tool to assess the impact of communication style conflicts and synergies both one-on-one and in team coaching. Coaches learn to “flex” their communication style for more productive interactions.

### Who is it for?

This PCSI Workshop is intended for managers, supervisors, leaders, consultants and coaches, and teams.

### What to expect

Participants will gain an understanding of:

- Why coaching styles are important
- The Strengths and Liabilities of each style
- The impact of different styles in the workplace
- The impact of communication with someone of the same style
- The implications & impact of styles as a Leader / Manager / Coach and team member

Participants will practise coaching with different styles and flexing your own style to gain increased comfort with this new skill.

### About CCU

Founded in 1997, Corporate Coach U (CCU) is a leading global provider of coach training, leadership development and coaching services in a corporate context. We equip leaders and managers with coaching skills and tools to use in helping people develop their full potential. Our programmes suit organisations of all sizes. For further information about the PCSI, please visit our web site or call one of our phone numbers to speak to a CCU facilitator.

Materials provided in the PCSI® Package:



CORPORATE  
COACH U